

What are the effects of tobacco?

- •1.1 Mortality
- •1,2Cancer
- •1.3Pulmonary
- •1.4 Cardiovascular disease
- •1.5Remal
- •1.6Influenza
- •1.70ral
- •1.8Infection
- •1.91mpotence
- •1.10 Female infertility
- •1.11 Psychological
- •1.12 Pregnancy
- •1.13 Drug interactions
- •1.14 Multigenerational effects
- •1.15 Other harm
- •1.16 Benefits

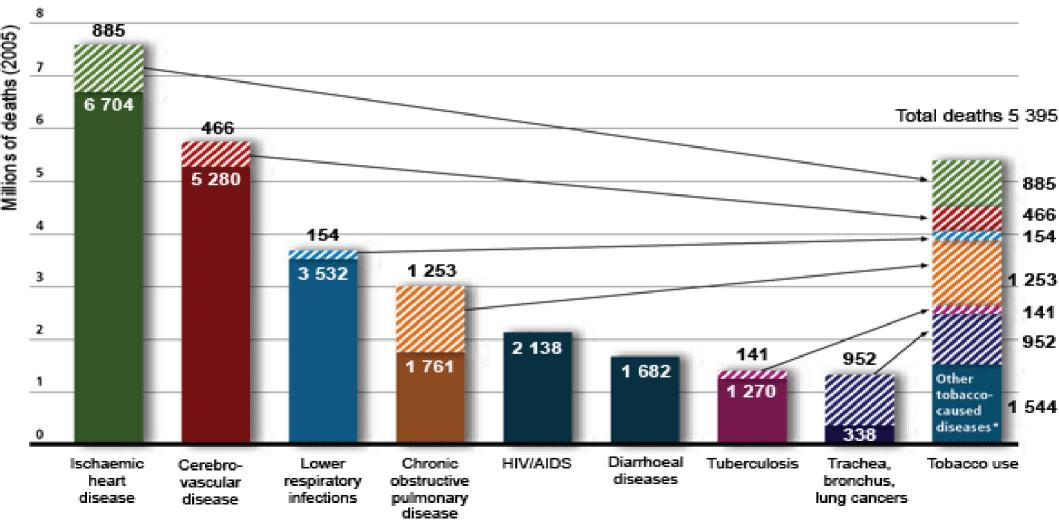
Tobacco use has predominantly negative effects on human health and concern about health effects of tobacco has a long history. Research has focused primarily on cigarette tobacco smoking.

Tobacco smoke contains more than fifty chemicals that cause cancer.[3] Tobacco also contains nicotine, which is a highly addictive psychoactive drug. When tobacco is smoked, nicotine causes physical and psychological dependency. Cigarettessold in underdeveloped countries tend to have higher tar content, and are less likely to be filtered, potentially increasing vulnerability to tobacco smoking related disease in these regions.

The compound contains in drags.

- Nicotine (the addictive drug that produces the effect people are looking for and one of the harshest chemicals in tobacco smoke)
- Hydrogen cyanide
- Formaldehyde
- Lead
- Arsenic
- Ammonia
- Radioactive elements, such as uranium (see below)
- Benzene
- Carbon monoxide
- Nitrosamines
- Polycyclic aromatic hydrocarbons (PAHs)

TOBACCO USE IS A RISK FACTOR FOR SIX OF THE EIGHT LEADING CAUSES OF DEATH IN THE WORLD



tobacco mosaic virus



Ostudy.com

TOBACCO FACTS

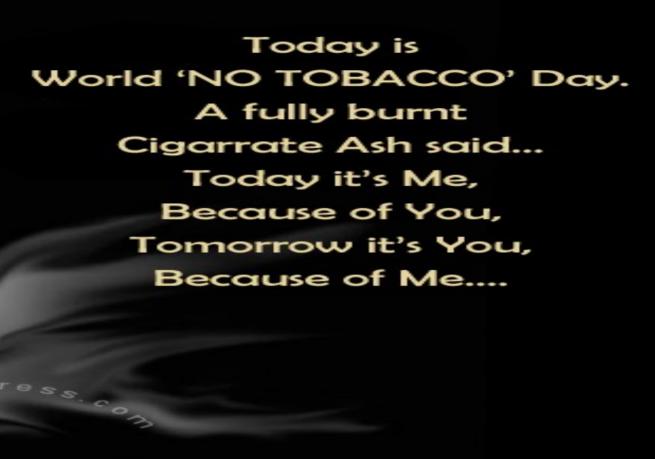
- There are about 4000 chemicals in tobacco, and out of the 100 identified poisons, 63 are known to cause cancer
- Nicotine is an addictive drug that takes only 6 seconds to reach your brain
- Smoking kills more people than cocaine, heroin, alcohol, fire automobile accidents, homicides, suicides, and AIDS combined.
- Every 8 seconds, someone in the world dies from a tobacco related illness
- More than 3 million people under the age of 18 smoke about a ½ billion cigarettes each year, over half of those people consider themselves dependent on cigarettes

WHY PEOPLE SMOKE

- Peer Pressure
- They think it's "cool"
- Their parents smoke
- Because they want to be skinny (fashion)
- Because they find it relaxing
- Rebellion



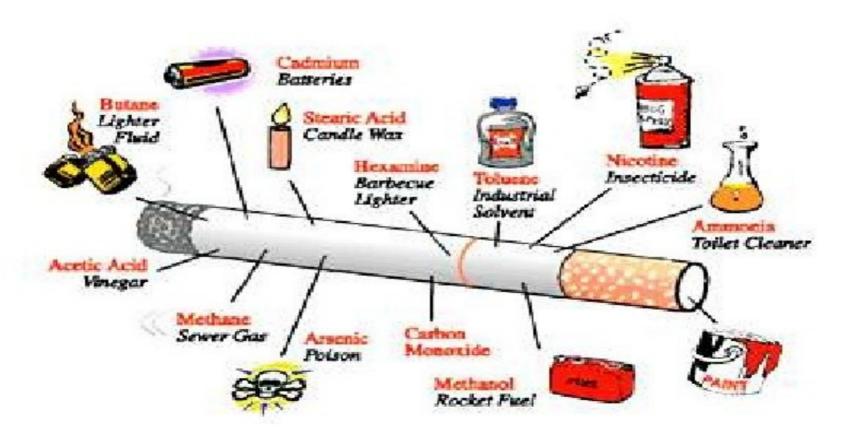




31 may

World no tabacco Day

Smoking ingredients



Various Issues on Tobacco

- 1. In September last year, a <u>national survey</u> released by the health ministry estimated that more than 275 million people in India use tobacco if combined, India's tobacco users could make the fourth-largest country by themselves
- 2. More than one million Indians are estimated to die annually simply from smoking tobacco
- Budget 2012 provides a unique opportunity to revise the tax policy on tobacco, increase government revenues and demonstrate government's efforts to protect citizens' health
- 4. A study coordinated by the National Institute of Public Finance and Policy in 2010 demonstrated that the health impact of a 52.8% increase in Bidi price would be 4.6 million averted premature deaths in current smokers and generate Rs 36.9 billion (or \$0.8 billion) for the government



Facts about smoking

1/3rd of world population-Smoker

– Males: > 1 billion

Females: > 250 million

Industrialized Countries

– % of Male smokers: 50%

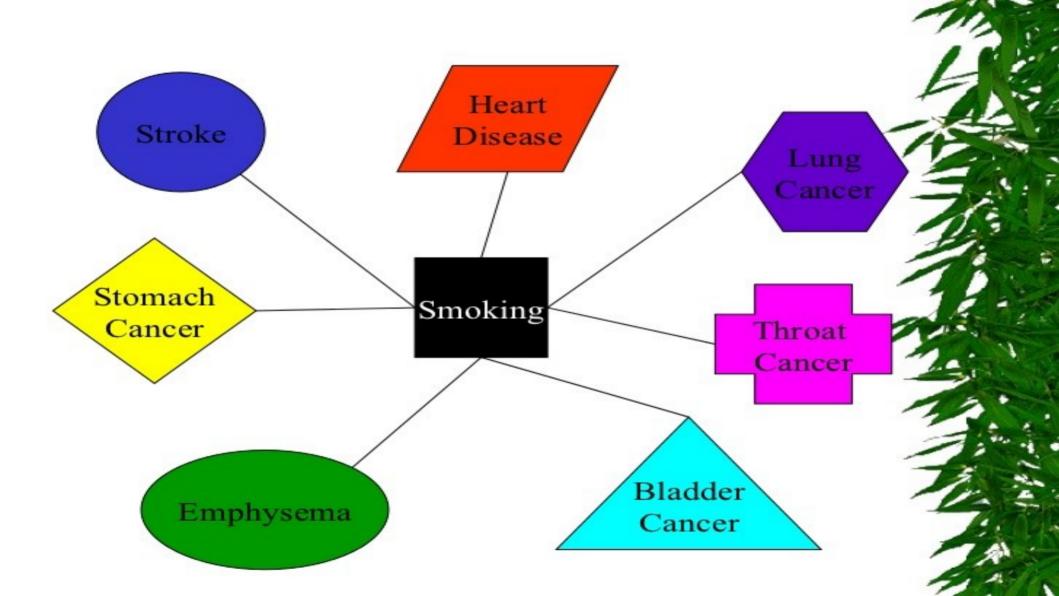
— % of Female smokers 22%

Developing countries

- Males 35%

- Females 9%





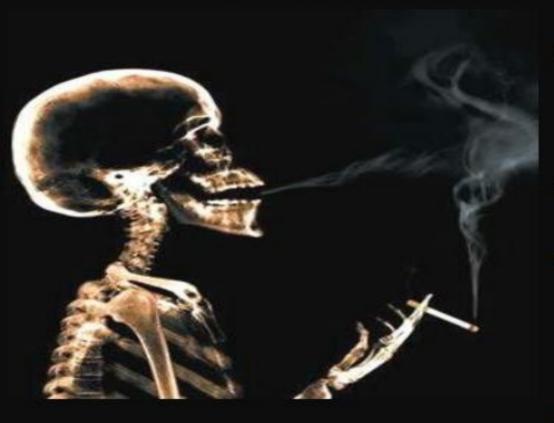
The Facts

Smoking:

- * Is addictive more than heroine or cocaine
- Makes your clothes, hair and breath smell
- * Turns your teeth and fingers yellow
- Increases risk of stroke and heart attack
- * Increases risk of developing diabetes
- Is the most common cause of lung, throat and mouth cancer

(Website Source: http://www.cvh.com/HealthTopics/HealthTopicDetails.aspx?p=240&np=158&id=2099)

SMOKING KILLS



Each cigarette takes 20 minutes off your life!

What is smoking?

- Smoking is done when toxic substances are burned and their smoke inhaled.
- This toxic smoke is then absorbed by the lungs.
- The toxic substances include TAR, TOBACCO, and NICOTINE.
 There are 4000 toxins in cigarettes.
- Close to a billion people today are smokers.
 That's 1 with 9 zeroes.

 Smoking is directly responsible for approximately 90 percent of lung cancer deaths. Which lung is from the smoker?



That becomes your insides when you smoke.

