



## SOCIAL MEDIA - A BOON OR A CURSE?

Social media - is it a boon or a curse to our society?

Social media has become an important part of our lives.

It has varieties of uses - for communication, job purposes, shopping, news and a lot more, but have you ever

thought of its advantages and disadvantages? Is it

really useful for the mankind? In my opinion, social

media is very useful to the whole world if used wisely,

but it turns out very dangerous due to our carelessness.

How are they useful? How do they turn out harmful?

Social medias can be said as society formed

in medias. We all use internet daily, but for what?

Firstly we use internet to gain more information. With

the coming of internet, all sorts of facilities are

available at our finger tips. Whatever questions you

have, you ask the internet for the answer. It is very

useful at the time dangerous. We use internet to

search about different varieties of things. Through this



method we are able to find out everything about which we wanted. But don't you think these facilities make us lazy? We humans have the power and capability to think, innovate, and create. We have the ability to find answers, but we have become lazy. For each and every thing we depend upon the internet making ourselves lazy and reducing our own thinking capacity, hence decreasing our innovation. So remember to use internet at times of high need only.

Secondly through internet and different social networking websites communication has been made possible. At the olden times, the only way of communication was through letters. But with the advancement of technology, different ways have been developed for communication. We have the facility of voice calls, where you can talk with the other person, another facility of texting is made available where you can type messages and send along with emojis.

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Lastly, the facility of video call or video conferencing has been made available, where you can talk to ~~at~~ the other person by seeing him or her through the phone. Video conferencing has made lives easier. It has been widely used at offices for interviews and discussions. When a candidate in a foreign country is unable to attend the interview face to face, he or she is contacted through video conferencing. Multi-national companies make use of video conferencing for discussions and meetings. Whatsapp, IMO, Yee call, etc. provide all the above mentioned facilities. But all these have a great demerit - they cannot be used without access to internet.

There are different social networking websites like twitter, facebook, instagram, etc. They help a lot in communication and also in sustaining relationships. We are able to make contact with any person living at any corner of the world. We are able to maintain contacts with friends.



and relatives living at long distances, hence by our relationships can be made stronger. We are also able to make new friends through all these medias. Even though these all are many advantages, these medias have turned out a curse to the society. But how? Many people fill up their profiles which are accessible to each and every person on the site. They give their full names, photos, address, phone numbers and many more personal information. But these are hacked easily and the account holders are threatened for wealth and more. They are abused through messages and pictures, which often leads to the suicide of the account holder.

..... In other cases, children, mainly teenagers and the youth have become victims of social medias. Nuclear families in which both parents are working hinders a child's mental growth. When they do not receive enough care and love, they start searching for it. They try to find it out by any means,

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they become active in social networking websites and fall for them. They do not know about the traps behind such medias. People create fake accounts to trap teenagers and youngsters, mainly girls. When these children receive the affection and care that was denied at home, they believe the fake ones and fall for them. At last they lead themselves to danger, either by sharing personal information or leaving their homes. In most of the cases the victims are tortured and threatened for money, and more.

Moreover, teenagers and youngsters have become very lazy depending upon the social medias for different purposes. They spend most of their valuable time searching for stupid and useless things and also by scrolling through <sup>web</sup> pages. Youth has to remember that "Time is free, but it's priceless. You cannot own it, but you can use it. You cannot keep it, but you can spend it. Once you've lost it



you cannot <sup>never</sup> get it back." Youth are today's buds . . . and tomorrow's flowers. They are the ones who . . . build up the society. Therefore their valuable time has to be spent reading, writing, learning, playing and being innovative. Hence they will be able to . . . develop physically, mentally and socially. . . . . Another problem of such social websites . . . is that they consume time and energy of all sorts of people. Once you start scrolling through a page or searching something, you keep on doing the same . . . thing without thinking about time. Let us remember that "time and tide wait for none." Once we start and make their use we are not able to withdraw from all these medias. Mainly teenagers get addicted to all these. Such an addiction turns out dangerous than narcotic addiction. When they are told to . . . or forced to withdraw from such habits, they . . . turn out furious and ~~cont~~ uncontrollable. They . . . may shout or show sorts of mental depression. . . .

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Let us remind our youngsters that - "Technology is a useful <sup>servant</sup> ~~master~~ but a dangerous master."

\* Social medias are a boon to students, how? Students can get coaching about each and every subject ~~for~~ <sup>at</sup> very low cost or even freely. They have chances to be a part of online teaching centres where they can even ~~clear~~ <sup>clear</sup> their doubts and get advices from experts. They can learn even well by watching videos about the chapters and understanding them. Online libraries with varieties of books are <sup>also</sup> available.

Are middle aged <sup>and</sup> ~~or~~ old people dependant on the social media? If you think they are not, you are wrong! They have lots of advantages while using social medias. They can read and watch news online. They can know about the current affairs and about things happening all around the world. They also have chances to make contact with their old friends or friends at school days or ~~at~~



ones with whom they had no contact for years. . . .  
They can also be part of associations and groups . . .  
online and hence can know about the groups' . . .  
rules, meeting dates, members and more. . . . .  
. . . . . Is there any disadvantages to such people  
who use these social medias at middle age or older  
age? Yes there are many. These are the days . . .  
which have to be enjoyed along with their own . . .  
partner and family. But due to the overuse of  
such medias relationships have become fragile. . . .  
People have less time to talk with each other or . . .  
even look at each other as they are busy at . . .  
these sites. Such social medias have turned out as . . .  
sole problems in families. They are most common . . .  
cause for divorce and separations. Moreover such . . .  
people should find out time to take care of them-  
selves by having proper food and exercising . . .  
regularly. But they do not find out time for . . .  
such activities. The problem is that "We do not . . .



use technology, we live technology." So let us sacrifice such unwanted things for a better life.

Through social medias we are able to receive all sorts of news happening around the world at any time. We receive such information in very less time. Hence they are useful to us. But are all the news genuine? Never, not all of them are genuine. All most all of the news channels and newspapers support a particular party. They report about a particular news in favour of a party. They change the news completely and make it something different from what exactly happened. In case of Shahala who was bit by a snake and died, all newschannels reported that she died due to <sup>she</sup> irresponsibility of the teacher. But is it the truth? Have you found out the hidden truth? As she was hurt at the place where the snake bit, at first teachers were not able to identify what actually happened. But when they realized the issue, she was

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taken to the hospital immediately. But that sinner was harassed by all without knowing the genuineness. Let us make sure that no other innocent will be blamed for something which they did not do or for a mistake which wasn't be committed by them. We have the right to blame him, but only for not leaving the hole open.

Nextly we have youtube, which provides us with varieties of videos. It is equally useful to all ages at the same time harmful to the mankind. All of us scroll through the youtube page for different means. All age groups make use of youtube for entertainment. We can watch vlogs, cartoons, film, songs, and more. It is really helpful for students to learn properly about things and also to clear their doubts. Most of the mothers make use of it by watching cookery videos. They then make new dishes. Most of the people make use of it for news too. But is there any demerit? Yes, once we start



scrolling through the youtube page, we keep on watching videos. we are not able to leave the page. Hence it consumes our time and energy. Hence make sure that you use them wisely: . . . . .

Do social media influence us? Yes we all are greatly influenced by social medias. Especially our youth. They believe fake news, watch bad movies and turnout a curse to the society. Ones who had to develop the society becomes harm to it. They have forgotten to read. They forget that "What reading is to <sup>the</sup> mind, <sup>what</sup> exercise is to the body." Our youngsters are greatly influenced by the video games they play and ~~games~~ <sup>videos</sup> they watch. They also feel like fighting and killing for no reason. Children turn out stubborn and disturb their parents for ~~the~~ costly things which they come across through such websites. Even housewives who watch serials have a tendency to create fights and problems in family lives like the characters which they see in the television. We see different . . .



advertisements about different products. We are greatly influenced by these and fall in traps. Not all products may be genuine, but we believe in the actors and their dialogues.

With the coming of social medias are we losing moral values? Yes, society has become just a group of people without social concerns and values. We are so adversely influenced by them that while using all these we forget to fulfill responsibilities towards the society: we forget to respect our elders and to take care of our young ones. We are so busy and selfish that we do not know who even our neighbour is. We have become so cruel that we take photos and videos of accident victims instead of giving them medical care.

As I mentioned earlier the social media benefits the society at the same time it is a curse. If used wisely for good purposes it is useful to the whole mankind, but dangerous if used carelessly and unwantedly!!

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Let us make use of all these services for the welfare of the society and our people. <sup>Remember</sup> Remember to be humans. Make use of all these but never let them rule you. Sustain your relationships and family by spending enough time with them. We can change anyone <sup>and</sup> bring back them from all these by changing ourselves. As Grandhiji mentioned, "Be the change you wish to see in the world." Use social medias but do not live through them!!

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