



AI and You

Artificial Intelligence (AI) and human intelligence are not so far apart as AI is the product of human intelligence. Even if we are not the regular consumers or regular recipients of AI, it is sure to have made an impact on all sectors of human life. The effect it has on humans is very controversial as of now. As the saying goes, 'A coin has two sides', AI too has its own ups and downs and good and bad.

AI is something that was alien to us a few years back. But, in the contemporary world, it has come to a situation, where almost everything depends on artificial intelligence. It was just the intelligence of a robot in its former stages, but now it transcends human abilities. There are



several applications, platforms, satellites, etc that solely work on the basis of artificial intelligence. It is truly astonishing how such a simple word can exhibit immense authority and power over the human race.

The first thing that comes to our minds when we hear the word 'AI' is applications like 'Chat GPT', 'Gemini', 'Perplexity', etc. They are applications that can quench the thirst of our doubts by the time we blink our eyes. I am pretty sure that even if the answers might sometimes be wrong, there is no such question that goes unanswered by these applications. This quality of AI helps us to learn about literally anything we want at any time. But as mentioned above, this has its bad side too.



..... In the years, where AI was not yet introduced, people did not cease to learn and prosper despite the lack of resources. Their policy was to learn by the go. Instead of just opening your desired AI application and looking up your question, they choose to browse for answers among the society. That generation was the optimum example on how to learn. The purity of the power of learning and reflecting simply enhances one's thinking power and how one views the world. But, now that AI has overpowered resource learning, the scenario of people becoming brain dead and lazy can be seen. It really is pathetic.

..... If we take one instance to justify my view, it simply has to be of a learning teenager. It is undeniable that a teenager going to school has to do

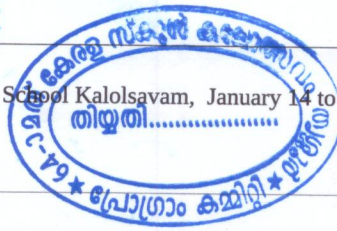
homeworks. It is natural that a child might get stuck on a difficult problem. The obvious reaction is to ask the certain teacher for doubt clearance. But now, with AI's arrival onto the stage, the represented teenager runs to look up the answer for the particular question on their personal mobile phones. In some schools or other teaching institutions, teachers tend to turn a blind eye to the fact that most of the homework answers that the students present in front of them are the product of AI generation. Even if this essentially does not make a teenager lazy, it does reduce their aptitude thinking and problem solving capacity which will definitely turn out to be a problem in the near future.

The adults often say that 'The new world is very competative'. This can mean two



things - either they are praising the abilities of the people around the world or they are simply just praising the extends of AI. It is more likely the latter. There was a time when people valued hardwork and essence of ones work rather than how well can one do to beat AI. It is quite sad that the former concern does not even exist in the minds of people now that AI has been introduced. All people run after people who chase and choose paths that ultimately leads to AI. Here comes the question - 'Does the hardwork of people not matter?' In the material world it certainly does matter. But to earn upto the minds of people, it has become that one should compete against AI for better lifestyle.

While mentioning the chase after AI, we have to take into due consideration how



many people has become unemployed after the introduction of AI. For example, when we go to a restaurant it is normal to see a security guard or an employee to show us the way in. It is also normal for a waiter to take our orders and bring us food after ordering. But as of today, in many countries like China and Japan, these jobs which are usually done by humane people, there are robots running around doing the exact same job but with more efficiency. If we only look the box of efficiency, AI is very optimal for the society. But if we check how this affects the livelihood of people, we will be saddened as the amount of people losing jobs after being replaced by AI is quite large. It is a concern that is truly noteworthy.

If we go back to check on the ancient



Times, we can see how innovations and inventions are born. People often say that the ideas of scientists like Sir Isaac Newton, Albert Einstein, etc are truly remarkable. They ^{indeed} are after considering the fact that we learn their ideas in schools even to this day. They are ideas that are born simply of human power and not by AI. That is the case of telescopes, microscopes, the light bulb, etc. They were all products of human mind and it is actually very admirable considering the fact that they were all created even during times that lacked proper resources. But now that even the pictures of galaxies and satellites can be generated accurately with simple commands and inputs, the value of inventions and innovations has lessened. Thus, the bitterness of people towards original works has increased. The accusation that even original works are



created by AI extinguishes the artistic value among people which is very disheartening for growing artists and other inventors.

Now, if we consider the impact of AI on youth, it is quite obvious how bad it is. The generation of people born in between the years 1997-²⁰¹³~~2009~~, commonly called as Gen Z is honestly the last generation that escaped the brainless fit of AI content consumption. The generation that is immediately after Gen Z, i.e., Gen Alpha is unfortunately the most reasonable example of how AI can affect a growing child's thinking path. The content that is viral on almost all social media platforms which goes by the word 'brainrot' is not funny as it may sound. Even though they are more animated videos of non-existing AI generated animals going around, they are something that



have and have been ruining an entire generation of children. They seem to have developed the habit of learning the names of all these unwanted creatures and spreading the idea of brainrot wherever they go. In my personal view, this should be stopped as this chaos might even enter into the new generation termed as Gen Beta. This is indeed very concerning.

The affecting capacity of AI does not confine in such fields only. It sometimes goes out of hand and tampers with the abilities of children to surpass each other in competitions that are naturally talent-based. Even though, this perspective may seem repetative, it is an idea that should be specially considered while going on and on about such a sensitive topic like AI. Sometimes, the competition authorities may



not realise it but atleast some of the works presented for judgement may include content given ~~from~~^{by} the realm of artificial platforms. It may sound like I am blaming the authorities, but that is not the case. The one I am blaming is AI. Specifically AI that is misused. This can often decrease the value of victory and make the wins of people seem cliché even though they are not.

The renowned billionaire or even more than that the owner of Tesla and Space X, Elon Musk has made his cut about AI in the past. He said that if used properly AI has the ability to destroy the whole human race. In today's light we can say that his take on AI has been becoming true slowly by the minute. In the upcoming 50 years or even lesser than that, it is



sure to have powercreeped the whole human race. It may sound silly but it is very concerning.

Now, it is time to reflect and take decisions. I as ~~an~~ ^{an} individual undoubtedly stand by the fact that AI has done more to ruin us than uplift us as a society. It is true that AI gives us endless possibilities of gain but the possibilities of ruin aren't that far either. As someone who overconsumes the product of AI I can say that all the issues mentioned above are very true and noticeable in my life. As a teenager, I feel ashamed to say that I do homework with the help of AI apps more often than never. Even though my views include some from scenarios I have seen or heard and not experienced, my opinions on them remain the same. It is time that we realise our mistakes and reflect.

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AI is pretty useful if used properly and steadily. It can be vice versa too. But, our mentality on how to use AI also matters as we are the ones who decide our own path. If we blame AI, it means we are blaming ourselves too. So in order to not undergo the stage of self-blame, we should focus on not misusing AI and using it for good. AI can be troublesome, but we are the ones who should dispense ~~and~~ this trouble with our will-power. In order to do so, we should upgrade our morals. Artificial Intelligence should just be a walking stick not a whole chariot that ^{carries} ^{on the way forward} ~~lead~~ us. AI can support us to a limit but it is important that we realise everything is stoic in this world. Therefore, we should do our level best to utilise only the good things of AI and completely ignore the bad side. I am pretty sure we can account for this decision and be the people who overpower AI.

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