



The empowerment of youth

Youth is a mysterious and enchanting period. At this time society will impose great expectations on them and they faces disappointment when they fail to fulfill them. The empowerment of Youth is the most important topic discussed now-a-days.

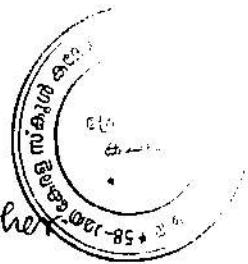
Every Youth is ambitious, and they tries to become unique themselves, when society compels them to become one of everyone. The Youth can be empowered only if they are led in the right paths. There are many factors that influence the development of Youth; The main factor that promotes the development of Youth is quality education.

Education makes a person intelligent, and creative. More than that it makes a person, fit to live in the Society, in other words it means to face the cruel world outside. Education aims at giving both practical and bookish knowledge. Only a liberate man can contribute his talents for the development of the nation and an illiberate person is like a law that is closed in the law book. And we have heard about the famous quote of our former prime minister of India, DR APJ Abdul Kalam "That our future of India lies in the classrooms". It means that if only the children

are educated then only we can convert their talents for the goodness of the nation.

Then the next factor that influences development of Youth is good personality. If an individual achieves a good personality then only he can become a successful person in life naturally. Personality is not same for everyone. When we go for a job interview our personality is checked there so it has a great importance in professional life of youth. Personality is developed from the circumstances conditions in which they live. Our society, family, the institutions like that have a great influence over this. If a man is not personally developed then there is no use of education. Because though he gets quality education he may not use for good purposes, If he doesn't have a good personality, the main defect of youth is that they don't know to use it and where should they use it. So personality has a great importance.

Then, the next challenge faced by our youth is that they don't know to use which way when society tells them to become successful, and when they like to become fruitful by helping others.



Social Service mentality is also another factor that promotes the development of Youth. If a person is willing to help others then he becomes developed naturally by mind. Because we see that in our society moral and positive values like kindness, sympathy, generosity, dutifulness, truthfulness etc. are dying away. So good a mind to serve others is a great factor that influences the empowerment of Youth.

Then Honesty is another important factor that empowers the Youth because there is no value for anything that is achieved through dishonesty. Honesty is an important moral value like truthfulness, dutifulness, generosity etc.

The youth now-a-days are like a 'Dragon fly to lift up a heavy load' because they don't know how to be empowered when the Society tells them to be developed.

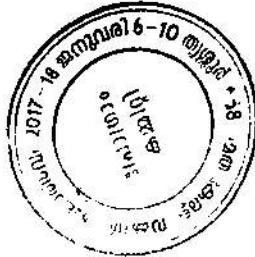
Now Youth is period of Conflict, when they won't obey parents, and stands for peers interests. Due to this there may be frequent clashes with their parents. This is due to heightened emotionality and hormonal changes.

So in this period they are aimless and disobeying.

They must avoid this type of characteristics to become empowered.

This is a significant period in which youth have new attitudes, values and interest and they will have physical, biological, social changes. Through new values, they won't agree with others, they won't use the guidance of others. If they change this type of attitude it too can contribute to the development of youth.

The main factor that misleads them to wrong paths is the influence of drugs. Drug addiction is one of the ever growing problems that is faced by our human society. It can be referred as a complex brain disease. This addiction can catch anyone at anytime so we must be careful as we are youth. Youth are falling prey to these evil spider webs. Society, family, etc influences them to do wrong. The wrong this is because of their imitation character to imitate adults.



Some use it to bring happiness, others to take away body tiredness, some to overcome fears when some others to get rid of pain or to escape from the problems they face. The ~~for~~ ~~water~~ must avoid. The main thing is that it can't do anything as said above. For god's sake one must ~~be~~ not be tempted by drugs to empower themselves.

The next factor that misleads them are terrorism. Terrorism is means to defeat somebody using fear. Because in case of youth, they are falling to this ~~because of~~ ~~due to~~ because of their surroundings. Terrorism ~~causes~~ that injected to the minds of children can destroy their aim in life that ~~in turn~~ leads to desolation and destruction of youth life. So we must be beware and take safety precautions against this evil.

The other factor that influence the desolation of youth is child labour. About As youth period between 13-19 yrs go child labour You may think that children labour hasn't any role in this. But when we think today's children are tomorrow's youth.

Ques

Child labour too has bad effect in youth development. About 23 lakhs of children are involved in child labour. In spite of flying like a free bird, they are entangled in cages. They ~~can~~ have no opportunity or right for education even though there are written laws. The rule always like closed in the law book. There are many factors that ~~affect~~ ~~can~~ leads or compels children to do labour, negligence of family, society, financial crisis. The children who are defeated in this country because stage of life can't be successful in youth because they would be like the birds without wings to fly. When so children labour is correlated and it has direct or an indirect effect in youth development.

The next factor ~~that~~ is that Health. Health is another important factor because health has an indirect effect on youth. Only if youth is mentally and physically fit then only he can become a perfect individual and become empowered. If a youth is

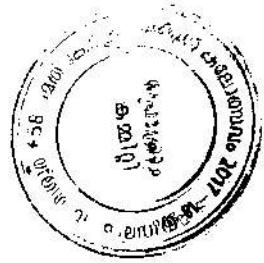


person is unhealthy then he can't achieve his dreams and aims with such a bad circumstances. So they should practice Yoga, meditation, and other simple exercises like walking, jogging etc. Because healthy person can only become empowered. Youth is the most important labour force of the nation because it is in period is they are physically fit to work for the development of nation. If a person is not fit, he will have high drop rates from Schools, Colleges and offices, thereby his ability and talents are wasted.

Hygiene, Safe and encouraging surroundings too have an important role in development of an individual. An individual becomes empowered when he has hygiene, safe surroundings that promotes him to be physically fit and other encouraging people around him to make him or her courageous enough to face the new world explored before them.

It because book worms who have only bookish knowledge can't face the new world. They may not have self confidence and other related values, to ~~because~~ face the new challenging situations in life as others who have already faced it. Though we know the famous quote of English poet Francis bacon 'Reading makes a man full' but there is too a saying that 'Full time Study and no play makes Jack a dull boy' So we must know that Study ~~play~~ while you play (while you study , play while you play). So play and learn makes a person earn in life .

The empowerment can not only made by learning and achieving a white collar , office related jobs but also by making your favourite hobby , Cricket players is an example , If they have made their hobby their profession. ~~Youth~~ If we want to empower each every youth we must find out their



inborn talents and must find out their interests then must direct this good talents for the development of nation. Some may not be interested learning, when some others ~~haven't~~ like it. If we want 100% empowerment we must find out such differences that sleeps in their bottom of their heart.

Youth / child mind is like a clean white paper it welcome good and bad easily. So it is the duty of elders to direct these minds to goodness. Youth minds must be encouraged and their talents must be explored upto the vast sky to make them empowered.

Intellectual, Personal, and other related factors makes an youth a perfect individual.

In our country we face shortages in job opportunities. Though, youth is skilled they don't get enough job opportunities. It is that

Unemployment

Unemployment means when a person is willing to do a job won't wonders here are there though he is skilled. The most important, ever growing problem faced by our youth is unemployment. The youth who don't get a job can't contribute his talents upto for the nation and he can become useless and his talents will be wasted if he doesn't get a job. Most of our labour force and talents Youth are wasted by unemployment. How can youth become empowered when he doesn't have an opportunity? Though he have all the all good qualities to get empowered. This is one of the challenges faced by our India's youth living in this modern and independent nation. If when they doesn't get a job others basic factors like food, shelter and clothing are denied. So the quits his country in searching of jobs. It would be a great loss for a country like India. As India is 2nd largest in world's population and as it is a developing country. It may



Can't communicate to his citizens upto his desire.
So it is every every important issue according to
my point of view.

Rationalism, terrorism etc are directing the minds
of youth. From goodness to evilness makes them sense-
less to know about their role in the society and
doing worse against it.

For empowerment of youth, he must loves his
fellow beings like himself and too his nature.
One who loves the nature has a kind mind.
India being a cultural country must come to its
elite and cultural ways. A person who asks permission
before kicking her and ask pardon after kicking
it, it's about the nature. She or He will be a kind person.
who becomes the best of the youth. Who loves
everyone it is another best quality for youth.

Then the other important aspect is emp-

Entertainment or enhancement of youth is patriotism or love for his nation. If he or she likes his own his nation he becomes empowered then he becomes loyal towards the nation. Honesty towards the nation, is also an important factor that a Youth must have to empower himself.

Now an important fact is that Youth is after advertisements. They tries only to become as in the Ads and makes to become or more handsome or beautiful as in cinemas and Ads. They misunderstands that beauty queens are ~~sakhs~~ their role models and they should follow it. They forget important persons who devote their life for the society like Mother Teresa, Chandni etc who work for the society they forget the fact that they must be their role models. Then only they can become empowered.



Now our children are like a person who is lost in dungeon. They don't know how to escape from this problems and to fly high in the sky.

Unity, equality etc must be been in the minds of youth to become empowered. It is that when get united it's better easy for us to do something that is very difficult to do alone. Then equality the mind to consider his fellow beings like himself and to work for their well being too it's just an important factor others. When person mind fills with pride, and we doesn't consider anyone around, then his feelings, then he is not empowered. Or though he think that he is empowered, it is not a complete enhancement of his talents. It means that a mind to think from others point of view.

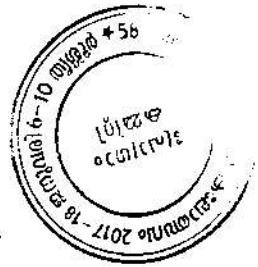
There are many organisations like JC, etc to empower the youth even govt. are adding youth empowerment to our curriculums to make

the youth empowered. The NSS (National Service Scheme), NCC (National Cadet Corps), R JRC, YRC, ITC (Red Cross) etc., Students Police Cadet (SPC) etc. are leading us to Youth empowerment.

Physical education has a great importance to reduce academic stress in youth life and it helps to build up a strong life which makes us strong to face stress, tension etc as tension, stress etc are the factors that commonly affect the youth tho at this period.

The Significant period, time of experimentation, time of Idealism, stand ahead, conflicts, etc. It's a problem age, etc are the features of this period. If they become capable to overcome this they are empowered then naturally.

The Co-education has also an importance as ~~same~~ physical education. Co-education means Sex-education. As youth has a



life outside of academy. They must be too taught to mingle with others & they must not have fear to face the opposite sex and to express their point of view to them. It too makes the Youth empowered when they loses fear through mingling.

Next, is importance of learning other skills and activities. Hand skilled works, such Crafting, toy making, Baking, tailoring objects that are learned other than bookish knowledge is also will helps the youth to be empowered.

Youth is the period in which

It's today's youth who must face the tomorrow's world outside. So much they must become empowered to face the cruel problems world outside. As today's youth are tomorrow's citizens who must contribute for the development of the nation.

Let the Youth be empowered and become precious gems of the nation.